# JAMESTOWN COMMUNITY COLLEGE

**State University of New York** 

## INSTITUTIONAL COURSE SYLLABUS

Course Title: Baseball Fundamentals

Course Abbreviation and Number: PHE 1810 Credit Hour: 1 Course Type: Lecture/Lab

**Course Description:** Students will be introduced to pitching and batting basics, team defense, and situation drills. Classroom studies will examine the strategies of winning baseball from the philosophies of the game to the history of America's greatest pastime sport. Designed for both the player/coach of today's baseball players to tomorrow's coaches. Students will perform the baseball skills taught in the classroom.

#### No requisites.

### **Student Learning Outcomes:**

Students who demonstrate understanding can:

- 1. Describe the fundamentals of the game of baseball.
- 2. Discuss rules of the game.
- 3. Describe proper techniques of throwing and hitting a baseball.
- 4. Develop their own scouting reports for game management.

### **Topics Covered:**

- Introduction to proper mechanics of throwing and hitting a baseball
- How to dress for activity
- Introduction to warm-up for activity
- Introduction to rules of the game
- Introduction to strategies of the game
- Show proper fielding mechanics

#### **Information for Students**

- Expectations of Students
  - Civility Statement
  - Student Responsibility Statement
  - Academic Integrity Statement
- Accessibility Services

Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.

- Get Help: JCC & Community Resources
- Emergency Closing Procedures
- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

| A=4.0 B+=3.5 B=3 C+=2.5 C=2 D+=1.5 D=1 F=0 |
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• Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

Effective Date: Fall 2022